

God Delivers (Part 3)

Intro:

****Satan's Lies:** (Nancy Lee Demoss Wolgemuth, Lies Women Believe)

God is not really good. God doesn't love me. God is just like my father. God is not really enough. God's ways are too restrictive. God should fix my problems.

I'm not worth anything. I need to love myself more. I can't help the way I am. I have my rights. Physical beauty matters more than inner beauty. I should not have to live with unfulfilled longings.

I can sin and get away with it. My sin isn't really that bad. God can't forgive what I've done. It's not my fault. I can't live in consistent victory over sin.

I don't have time to do everything I'm supposed to do. I can thrive without consistent time in the Word and prayer. My work at home is not as significant as the work or other activities I do outside the home.

I can't tell anyone. My sexuality is separate from my spirituality. This is who I am. God's standards for sex are out of date. I have to have an outlet for my sexual desire.

I have to have a husband to be happy. It's my job to change my mate or children or friends or... My husband is supposed to serve me. If I submit to my husband, I'll be

miserable. If my husband is passive, I've got to take the initiative, or nothing will get done. There is no hope for my marriage.

I am not a good mother. If I feel something, it must be true. I can't control my emotions. I can't help how I respond when my hormones are out of whack. I can't bear being depressed.

If my circumstances were different, I would be different. I shouldn't have to suffer. My circumstances will never change-this will go on forever. I just can't take any more. It's all about me.

***Counter the lies and the schemes of the devil with the armor of God and thereby find deliverance from evil.

-Note the repetitions:

-Note the ones with whom we struggle:

-Note the reoccurring themes:

The Full Armor of God

Armour of God

Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand (Ephesians 6:13 KJV).

← **Helmet of Salvation**
(Ephesians 6:17)

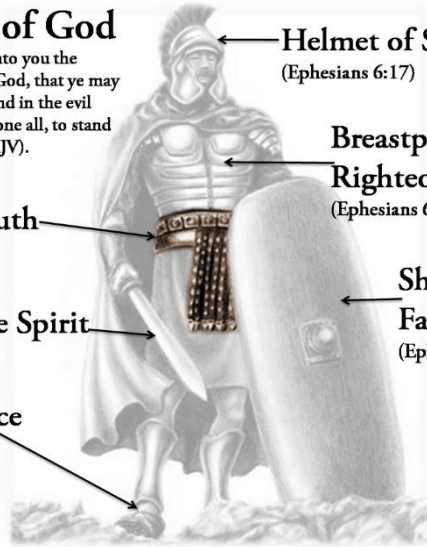
← **Breastplate of Righteousness**
(Ephesians 6:14)

Belt of Truth
(Ephesians 6:14)

← **Shield of Faith**
(Ephesians 6:16)

Sword of the Spirit
(Ephesians 6:17)

Feet of Peace
(Ephesians 6:15)



1. The belt of truth:

2. The breastplate of righteousness:

3. The preparation of the Gospel of Peace:

4. The shield of faith:

5. The helmet of salvation:

6. The Sword of the Spirit (i.e. the Word of God)

7. Praying in the Spirit:

How to Put on the Armor of God

God equips us with spiritual armor. Through prayer we can stand against attacks of discouragement and doubt.

“Put on” the Armor of God with this prayer based on Paul’s exhortation in [Ephesians 6:10–18](#), using God’s Word, the sword of the Spirit, as we struggle, “not against flesh and blood, but against the powers of this dark world and against the spiritual forces of evil in the heavenly realms” ([v. 12](#)).

Equip me, Lord:

- **With the belt of truth** ([v. 14](#)). May your truth rule in my heart and be in my mind and on my lips today.
- **With the breastplate of righteousness** ([v. 14](#)). Apart from You there is no righteousness, but through Jesus I have been “born again” and made righteous in Your sight. May I live as a righteous person.
- **With feet fitted with the readiness that comes from the Gospel of peace** ([v. 15](#)). May I reflect the Gospel in my words and actions, that through me, with my every encounter, others may be drawn one step closer to You.

- **With the shield of faith ([v.16](#))**. May I take You at Your word concerning promises about the present and future—promises of everlasting love, abundant life, and so much more.
- **With the helmet of salvation ([v. 17](#))**. Remind me that nothing can separate me from Your love and that I’ve been saved by grace. In Your grace, help me to say “no” to all ungodliness and worldly passions, and to live a self-controlled, upright, and godly life ([Titus 2:12,13](#)).
- **And with the sword of the Spirit, the Word of God ([v. 17](#))**. May Your Holy Spirit reign in my life and bring to my mind just the right Bible verses to be in my heart and on my lips. May I be “filled with the Spirit” and ready with Scripture as You were, Jesus, when the devil tempted You.
- **Finally, keep me in an attitude of prayer ([v. 18](#))**. Remind me to “pray in the Spirit on all occasions.” Cause me to be alert and always praying for the saints; to be joyful and to give thanks in everything (see [1 Thessalonians 5:16-18](#)).

From the Navigators